THSS Foods 9 Online Name:

What’s Cooking Home Edition LG12:

**The Kitchen Inventory**

|  |  |  |
| --- | --- | --- |
| **Fridge & Freezer Items** | | |
| Item Type | Items | Approx. amount |
| Dairy |  |  |
| Vegetables & Fruits  (include juices) |  |  |
| Meat & Eggs  (including stocks/soups) |  |  |
| Condiments (Sauces, Jams, spreads & dressings) |  |  |
| Pre-made / Left-Overs |  |  |
| Other |  |  |

|  |  |  |
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| **Cupboards & Pantry Items** | | |
| Item Type | Items | Approx amount |
| Baking items   * Flours & premade mixes * Baking Powder & Soda * Corn Starch * Sugars & Syrups * Yeast * Oats & breadcrumbs * Extracts & flavorings |  |  |
| Herbs & Spices   * Powders * Dried Leaves * Salts & Peppers * Seasoning mixes * Curry & blends |  |  |
| Cans of Food   * Vegetables, Beans & Fruits * Sauces & Soups * Meats & Dairy |  |  |
| Pasta & Grains   * Dry noodles * Rice * Couscous, cornmeal and other grit-sized grains * Dried beans / lentils * Breads & cereals |  |  |
| Snacks   * chips, crackers & nuts * bars * candy * dried fruit * Teas, coffee, pop |  |  |
| Condiments & liquids   * Ciders & vinegar * Sauces * oils |  |  |
| Other   * Dried powders & soups (including gelatin /jello) |  |  |